The filings in an adult guardianship or protective proceeding shall be confidential. The adult who has been the subject of a protective proceeding or a guardianship whether or not a guardian was appointed, any attorney designated by the adult, the guardian, the guardians attorney and the guardian ad litem are entitled to access court records pertaining to the proceeding and resulting guardianship or protective proceeding instead of guardianship, including the annual report and the guardian's plan. In addition, any person for other good cause may petition the court for access to court records pertaining to the guardianship or protective proceeding instead of guardianship, including the annual report and the guardian's plan. The court shall grant access if access is in the best interest of the adult subject to guardianship or subject to a protective proceeding instead of guardianship, or would further the public interest and not endanger the respondent or adult. Docket entries; date of proceedings, appointment and termination; duration of the guardianship and the name and information necessary to identify the adult who has been the subject of a protective proceeding or a guardianship and the guardian are public record.